

On the Rise

In case you haven't noticed, waistlines are on the rise. This is great news for moms. Low-riders might look terrific on some, but when you bend over to pick up your toddler, you risk showing everyone London and France!

Try a pair of high-waisted, full-legged trouser-cut jeans for a long and lean look instead. They'll create a slimming effect as well as help smooth out a muffin-top. Try wearing a fitted, waist-defining top for a figure-flattering look.

Visit www.Gap.com for flattering styles from casual to contemporary.



FlyLady

Once you become a mother, the constant challenge to keep things clean as well as neat becomes more daunting than ever. Perhaps taking a few tips from the FlyLady can help. She offers magical solutions for clearing out the chaos and getting back on track.

Her simple routine starts with the instruction to "Go Shine Your Sink" on Day 1 and progresses to developing your own routine and starting a "Control Journal." She also advises that you break your home down into zones, and even offers commandments such as, "Don't pull out more than you can put back in one hour" and "Don't try to do two projects at once."

The FlyLady offers a daily dose of e-mails to subscribers to get you out of bed and motivated to begin your day. You can even buy FlyLady products to help you get and stay organized.

The FlyLady's own style of housecleaning tips, homespun humor and daily musings about life are cute, sometimes annoyingly so, but her message is clear: It's not difficult to have a clean house, you just need a plan. And she offers one that, if you approach it with some patience, just may work for you.

Sign up for the FlyLady's newsletter or just get some tips at www.flylady.net.



First in Flight

When Orville and Wilbur first took flight in Kitty Hawk, little did they know they'd be inspiration for a great handbag. The Kitty Tote from Star 50 is a clever bag that would make the Wright brothers proud. Star 50 designs limited-edition bags inspired by each state of the union, and the Kitty is its latest (and greatest). Shaped like a large bowling bag, the Kitty is an oversized tote bag perfect as a carry-on for your next flight or a catch-all for your next trip to the mall.

Crafted from tan corduroy with leather trim, it has plenty of pockets to stash keys, cell phone, sippy cups and sunglasses. With both hand and shoulder straps, the Kitty offers functionality while looking fabulous.

Available from www.Star50bags.com, the Kitty comes in country red, in-flight blue, tailored tan and engine black, and retails for \$210.